

## “The Visitation of Mary to Saint Elizabeth”...



### FROM THE GOSPEL ACCORDING TO - *LUKE* - :

*“During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the infant leaped in her womb.” (Luke 1:39-40)<sup>1</sup>*

### MEDITATION ON THE MYSTERY:

Lord, give us the grace to be able to help everyone You put in our path, especially those who want to become saints: those who, like St. Elizabeth, are able to recognize with wisdom and joy the one who brings salvation! (cf. *SLC* p. 89)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to true charity towards our neighbor, St. Augustine says: *“Don’t imagine that you are loving your neighbor... just because you never correct him. This is not charity, but weakness. Charity is a power which urges us to correct others and raise them up.”*

(AGOSTINO, *Commento 1 Lettera di San Giovanni*, VI, 11 [unpublished translation by pfsgm])

1 NABRE (USCCB)

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### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- .....
- .....

Then follows ...

1 Our Father ...  
5 Hail Mary ...  
1 Glory be to the Father ... (Sung)

- Praised be,,,  
- O my Jesus, forgive us...  
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...